

KISHWAUKETOE, PIER 30 & SENIOR HIGH PARENT MANUAL 2022

Covenant Harbor is thrilled to welcome your child to summer camp in 2022!

As you and your camper plan for this experience, please review the information in this manual to help you know what to expect and how to prepare well.

If you have any questions, please call the Covenant Harbor office at 262-248-3600 or email camp@covenantharbor.org.

Covenant Harbor's top priorities are camper safety, creating positive life-long memories, offering fun and adventurous experiences, and clearly communicating God's love for all people. This manual is intended to equip you and your camper to be as ready as possible for those experiences.

Covenant Harbor's Mission

Covenant Harbor draws people from their routines into opportunities to enjoy creation, recreation and relationships, so that all will experience God through Jesus Christ.

Covenant Harbor's Summer Camp Goals

The goals of Covenant Harbor's summer camp programs are to love kids and share Jesus. The staff works hard to:

Keep kids safe

Let kids be kids and have fun

Build great relationships through open and honest community

Value each camper for who they are

Create positive, life-long memories

Challenge campers to try new experiences

Teach the truth of the Bible

Allow opportunities for each camper to take a next step in their faith

CAMPER EXPECTATIONS

Covenant Harbor's hope is that every camper has a life-changing experience at camp. While campers are having fun, growing in self-confidence and building friendships, they'll be learning more about Jesus. The first evening of each session of camp, rules and expectations will be discussed with every camper. Campers will be given more specific direction, but here's a brief summary of camper expectations at Covenant Harbor:

1. Respect Each Other--Make friends at camp by saying and doing kind things and by standing up for each other. Respect the privacy of other people. Follow the code of conduct which includes no hitting or kicking, no bullying, no threats, no bad words, etc. Campers who choose to bully others, fight with or physically attack another person, or use hate speech that attacks another person with words, especially pertaining to their race or background, will have serious consequences.
2. Respect Camp--Keep camp clean and leave things the way you found them.
3. Respect the Staff--All staff are here because they care about you. Make sure to listen to the staff and stick by your counselor.
4. Respect God--God created everything and every single person at camp. Respect God by respecting his creation!

Any camper who feels unsafe or threatened at any time should talk to their counselor or another staff member immediately, so that the situation can be dealt with in a timely manner.

Cell Phones/Devices

Camp offers a unique opportunity to connect face-to-face in relationships and shared experiences. **Cell phones, smartwatches, and other electronic devices are not allowed at camp.** Campers will have one opportunity to turn in their devices (for safe-keeping in the camp safe) on the first day of camp. Any devices discovered after that point will be understood to indicate a camper's choice not to participate fully in the program and result in immediate dismissal from camp.

Disciplinary Action

In all situations, it is our hope that we can work with the camper to take responsibility for their conduct and identify a plan to move forward that allows for them to grow, adapt, and restore community with others. Violation of Covenant Harbor's policies, refusal to participate in the program or follow instructions from our staff, or other gross misconduct may result in disciplinary action up to and including being sent home. In the case of serious discipline, issues will be addressed by the full time Youth Ministry Team and, when necessary, the Executive Director.

PREPARATION AND COMMUNICATION

Emails From Covenant Harbor

The latest information and the most important details will be communicated via email. For reasons of safety and security, specific details for arrival and departure are only listed in information that is emailed directly. To be fully prepared for the camp experience, please completely read each email from Covenant Harbor.

Medical Forms

Medical forms may be completed as early as you would prefer, but must be completed by May 15, 2022. Log back into your online registration account by clicking the "Register" button on the Covenant Harbor website to complete and submit the "Medical Form Summer 2022" for your camper. If any medical information changes after you have filled out your camper's medical form, please call Covenant Harbor.

Camper Communication

Packages and Mail

Camper packages and mail may be dropped off at check-in to be delivered to your camper throughout the week or can be mailed to Covenant Harbor. All mail (including email) is delivered at lunch each day. Anything that arrives after 11am will be delivered the next day. Emails or packages received after 11am on the last full day of camp may not be delivered. **Covenant Harbor is nut free - Please be sure that no nut products are included in your camper's packages.**

Email

Emails can be sent to campers@covenantharbor.org with subject: Counselor Name, Camper Name. Remember, campers can't respond via email. Emails must be text-only and are limited to no more than three per week.

E-Scans

E-scans are letters that your camper writes to you. Then, Covenant Harbor scans and sends their letter to you via email. E-scans can be purchased through your camper's registration account, but are limited based on the length of camp session.

Online Photos

On check-in day, you'll receive instructions to view the photos posted throughout your child's camp session. Covenant Harbor's goal is to provide a snapshot of what each program is doing throughout the week, not to show every camper doing every activity. Not every camper will be featured in photos every day.

HELPING CAMPERS SUCCEED

In order to give your child the most successful week at camp possible, any special accommodations must be requested prior to your child's arrival at camp. The Covenant Harbor team can, with limits, provide additional staff support to specific campers in order to set them up for success. This is available on a first-come, first-served basis. In all cases involving special accommodation, please contact Covenant Harbor as early as possible (and at least three weeks in advance of your child's anticipated arrival at camp) so that the Covenant Harbor team may gain a complete understanding of your child's unique circumstances, and with your input, assess if your child's needs can be met. The Covenant Harbor office number is (262) 248-3600.

Parents must inform Covenant Harbor of any medical, physical or behavioral conditions that may require special or beyond usual assistance from staff. This includes, but is not limited to the following:

- Any condition for which the camper receives special assistance from an aid at school, such as:
 1. ADHD
 2. Autism
 3. Any need for a companion/comfort animal
 4. Diagnosed Intellectual disability
- Any physical limitations for which special accommodations are required.
- Any pre-existing medical issues that require special observation or intervention.
- Any behavioral or social issues that require special interventions or accommodation.
 - a. Any noteworthy behavioral challenges that may affect cabin dynamics or social interactions with others.
 - b. Any "triggers" for behavioral issues (e.g. PTSD, etc.).

Be aware that Covenant Harbor has the following parameters for summer campers:

- Covenant Harbor cannot accommodate campers that require a one-on-one buddy/supervision all of the time while at camp.
- Child should be able to follow directions and schedule without displaying aggressive behaviors.
- Child cannot be verbally or physically abusive toward other children.
- Child must be able to be redirected without the use of restraint.
- Child must be able to receive medicine and food orally or by injection (e.g. no G-Tubes).
- If a child has a history of seizures, they must be controlled (inquire with camp Health Director to determine if Covenant Harbor can serve the camper).
- Child needs to be able to self-ambulate around the property (use of an assistive device such as a wheel chair is okay; however, Covenant Harbor has significant hills and not all cabins are ADA accessible).
- Child must not be a flight risk.
- Occasionally, bedwetting happens with campers. This can be managed. However, all campers are required to be able to independently use the bathroom facilities.

If you have any questions about the above guidelines or if you would like to discuss whether your child is ready for camp, please call Covenant Harbor at (262) 248-3600 and ask to speak with Covenant Harbor's registrar.

CHECK-IN AND CHECK-OUT

This year, please limit the number of people you bring to camp for check-in and check-out. Pets are not permitted at Covenant Harbor.

Late check-in and early check-out can be considered only in extreme circumstances.

Check-in

Check-in takes place from 3:00 pm to 4:00 pm on the first day of camp. At check-in, you will receive your camper's housing assignment, give all medications to the camp nurse (more information below), and be able to drop off any camper mail. You'll also have the option to put spending money in your camper's account and to purchase a t-shirt, cabin photo, camp photo, care package, and/or e-scan (or you can save time by purchasing items in advance through the online registration).

After checking in your **Pier 30** and/or **Senior High** camper in...

- You will take your Pier 30 and/or Senior High camper and their luggage to meet their counselor. Staff at the check-in tables will direct you where to go.
- Pier 30 and/or Senior High parents will not be allowed to enter camper cabins.

After checking your **Kishwauketoe** camper in...

- You will take your Kishwauketoe camper and luggage into the Kishwauketoe Village to meet their counselor.
- Kishwauketoe camper families are welcome to go into their cabin to help them make their bed and set up their area.

Once your camper has been fully checked in and is with their counselor, you can say your good-byes! Parents and visitors must depart from the grounds by 4:30 pm.

Camper Medications and Inhalers

- All medications will be administered by Covenant Harbor's on-site health staff throughout the week.
- All medications must be given to the health staff at check-in and **must be in original containers with instructions**. Medication must be current; expired medications cannot be accepted. This is a state law.
- Campers may not keep any medications on their person or in their belongings (including over the counter medications).
- Please do not bring nonprescription medications (vitamins, fluoride pills, etc.) that are not essential for maintaining your child's health while at camp.
- If your child uses an inhaler, please send two inhalers to camp, if possible. One will be kept at the health center and one will be carried with the counselor throughout the week. Both inhalers need to be labeled with the camper's name directly on the inhaler.
- Epinephrine delivery systems (Epi-pens, AuviQ, etc) must be current and labeled directly on the pen with your camper's name.

Check-out

Check-out takes place from 6:30 to 7:30pm on the last day of camp. Timely departure is essential, so please arrive promptly.

June 19-21 Kishwauketoe Campers check out takes place from 6:30 to 7:30pm on Tuesday.

July 10-12 Kishwauketoe Campers check out takes place from 9:00 to 10:00am on Tuesday.

At check-out you will...

- Decide if you want a refund of leftover spending money or want to donate it to Covenant Harbor.
- Sign your camper out and receive a release card - Pick-up person must be authorized and show a photo ID
- Pick up cabin or camp photo (if purchased)
- Hand release card to counselor and pick up your camper and luggage
- Receive remaining prescription medications, including inhalers and epinephrine delivery systems

You are free to depart with your camper once their counselor has the release card. After you have picked up your campers, your family has the opportunity to stay at camp for a family campfire from 7:30 to 8:00pm. There will be s'mores provided, and your campers can show off what they did and learned during the week. Many of our staff members will be there for you to talk with as well. All parents and overnight campers are required to depart from the Covenant Harbor grounds by 8:30pm.

PACKING LIST

Clothes (see specifics below)

- Underwear
- Socks
- Shorts
- T-shirts/tops
- Pants/jeans
- Swimsuit
- Jackets/sweatshirts
- Raincoat/poncho
- Pajamas
- Closed toed shoes

Optional

- Camera
- Small fan (battery operated is preferred)
- Water shoes
- Snacks (must be in sealed containers; no nut products)
- Wash cloths
- Laundry bag
- Sunscreen and insect repellent
- Stationery/stamps
- Face masks and coverings

Bedding

- Blankets and sheets or sleeping bag
- Pillow and pillow case

Other

- Bible (or use one of Covenant Harbor's)
- Pen/pencil
- Paper/notebook
- Flashlight (and maybe some extra batteries)
- Toiletry items (soap, shampoo, deodorant, toothpaste, toothbrush, etc.)
- Towels (bath and swimming)
- Medications (given to nurse at check-in)
- Water bottle
- Small backpack

What not to bring

Personal sports equipment (scooters, bikes, etc.)
Cell phones, electronic devices, and smart watches
Cash (deposit in spending money account)
Pets
Weapons of any kind
Fireworks
Tobacco, alcohol, and drugs
Nut products of any kind

Clothing at Camp

Clothing choices should not make anyone else feel excluded or uncomfortable. With the desire for all campers to feel comfortable, a camper whose attire does not follow these parameters will be asked to change. Please monitor your camper's packing to align with the following:

1. No clothing with logos that reference violence, sex, drugs, tobacco, or alcohol. Logos, slogans, and statements should not be divisive.
2. Clothing must cover any undergarments. Please no crop tops, low cut shirts, or short shorts. Athletic shorts and t-shirts are perfect camp wear!
3. Modest swimsuits must be worn at camp. Due to the high energy activities done at the waterfront (i.e. tubing, banana boating, water trampolines) a one piece is recommended for girls and swim trunks for boys.

Packing Tips

- Label your items. Please write your camper's first and last name where possible.
- Pack with your camper. Help them know what they have, what they can wear, and what they need to bring home.
- Kids play hard at camp. Only bring things to camp that you wouldn't mind getting dirty, stained or possibly lost.
- Adventure activities (such as climbing tower, zip line, giant swing, indoor wall, etc.) require closed-toed shoes and longer shorts or pants.

Lost and Found

Covenant Harbor is not responsible for lost or stolen belongings. At check-out, lost and found items are brought to a designated area. If one of your items is missing, contact the Covenant Harbor office. Items can be returned via mail (shipping reimbursement is required). At the end of the summer season, unclaimed items are donated to charity. For health reasons, socks, underwear, toothbrushes, used soap, etc., will be thrown out.

Questions?

Call: 262-248-3600

Email: camp@covenantharbor.org

www.covenantharbor.org