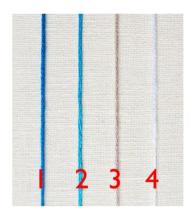


COVENANT HARBOR ARTS & CRAFTS

1724 W Main Street Lake Geneva, WI 53147 262.248.3600 covenantharbor.org

Friendship Bracelets

1. To begin, pick out your colors. For the purposes of this how-to and the following patterns each color will be assigned a number.



2. For patterns use a doubled length of thread cut each color to a length of 72 in.Hold the cut pieces together, fold them in half, and then make a 3/4 in. long slip knot at the fold.

3. Using a safety pin, pin the loop to your jeans (or any other stable piece of fabric) to keep it steady.

4. Arrange the threads as instructed in the pattern. In the example here, the thread order would be: 1,2,3,4,4,3,2,1
5. For patterns that use a single length of thread cut a 36 in. length of each color. Arrange the pieces in the proper order. Leaving a 6 in. tail, tie a simple overhand know to start.





The Left Knot

6. Place a piece of thread (in this case thread #1) over the piece thread to its right (in this case thread #2) in a sort of "4" shape as shown to the right.

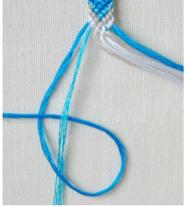
7. Pull the end of the thread through this "4" loop creating a knot.

8. While holding the right htread taut pull up the left thread to form a tight knot as shown above. Repeate once more. Both the Left and Right knots are actually made up of two knots each.

If you are tying more than one Left knot in a row you will use the same thread (in this case #1) to tie the subsequent knots along the row from left to right.









The Right Knot

9. The Right knot is made in the same manner as the Left but in the opposite direction. Place a piece of thread over its left hand neighbor in the "P" shape shown to the right.

10. Pull the thread's end through the "P" to form a knot.

11. While pulling the left thread tightly down, pull the right thread up to form a taut knot. Repeat this once to make a full Right knot. Remember both the left and right knots are actually made up of two knots each.

If you are tying more than one Right knot in a row you will use the same thread (in this case thread #1) to tie the subsequent knots along the row from right to left.







Picture Frames

Make it square for Instagram pictures!



Wall Hanging





- 1. Gather a grouping of yarn and hold it so that the two ends meet.
- 2. Lay the looped part of the yarn under the stick.
- Pull the two ends of the yarn through the looped part of the yarn.
- 4. Pull the ends downward, making sure the knot around the stick is secure.
- 5. Continue to do this with different groupings of yarn, until the stick is as full as you desire.
- 6. Use your creativity and make it your own!
- ***Suggestions: Cut the ends, add beads, or braid the yarn!

Newspaper Art







Yarn Sewing







