



GENEVA BAY CENTRE SAMPLE MENUS

All meals include appropriate condiments and full beverage bar. Tax included for most groups. This is designed to present a representation of meals at Covenant Harbor. Call for an expanded sample menu.

sample breakfast menus

One

Pumpkin pancakes with hot spiced apples, syrup
Corned beef hash with broiled cheese-topped tomatoes
Eggs
Breakfast pastry
Fresh fruit, yogurt, cottage cheese
Hot and cold cereals

Assorted fruit juices
Organic fair trade coffees, Tazo teas, mocha cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk
Coca-cola products

Two

Florentine eggs
Bacon
Breakfast potatoes
Belgian waffles served with hot strawberry sauce, whipped cream and syrup
Hot and cold cereals
Freshly baked cinnamon rolls
Fresh fruit, yogurt, cottage cheese

Assorted fruit juices
Organic fair trade coffees, Tazo teas, mocha cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk
Coca-cola products

sample lunch menus

One

Italian BLT: sun-dried tomato flatbread with pancetta, tomato, spring mix, and pesto mayo
Crispy oven-cooked fries
Tuscan baked white beans
Homemade soups
Salad bar of mixed green salad, five dressings, 16 toppings (groups up to 70)/12 toppings (over 70)
Homemade cookies, whole fruit

Organic fair trade coffees, Tazo teas, mocha cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk
Coca-cola products

Two

Gyros on pita bread with tzatziki sauce
Oven fries
Lemon rice with chicken
Homemade soups
Salad bar
Homemade dessert, whole fruit

Organic fair trade coffees, Tazo teas, mocha cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk
Coca-cola products

sample dinner menus

One

Glazed roast pork loin
Spaetzle with herb sauce
Roast beets, carrots, and parsnips
Cheese-filled shells with sauce
Homemade soups
Homemade bread
Salad bar of mixed green salad, five dressings, five mixed salads
Sliced melon
Homemade dessert

Organic fair trade coffees, Tazo teas, mocha cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk
Coca-cola products

Two

Crispy panko-crusted chicken breast with mango-pineapple salsa
White and wild rice pilaf with mushrooms
Stir-fried broccoli
Pesto pasta
Homemade soups
Homemade rolls/bread/breadsticks
Salad bar as above
Homemade dessert
Sliced melon

Organic fair trade coffees, Tazo teas, mocha cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk
Coca-cola products



CAMP SAMPLE MENUS

All meals include appropriate condiments and full beverage bar. Tax included for most groups. This is designed to present a representation of meals at Covenant Harbor. Call for an expanded sample menu.

sample breakfast menus

One

Scrambled eggs
Bacon
Specialty potato
Homemade coffee cake
Cold cereals
Canned fruit (mixed, peaches, pears), yogurt, cottage cheese

Assorted fruit juices
Coffees, hot teas, hot cider, cinnamon Danish cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk on request
Assorted fruit punches
Coca-cola products

Two

Traditional Sunday breakfast:
Belgian waffle sticks with hot strawberry syrup and maple syrup
Smoked sausage
Cinnamon rolls
Cold cereals
Fresh fruit salad, yogurt, cottage cheese, boiled eggs served cold

Assorted fruit juices
Coffees, hot teas, hot cider, cinnamon Danish cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk on request
Assorted fruit punches
Coca-cola products

sample lunch menus

One

Taco bar with:
Beef taco filling, refried beans, nacho cheese
Vegetarian Spanish rice with red beans
Flour tortillas, tortilla chips, taco shells
Homemade chili, chicken noodle soup
Cold taco condiments
Salad bar
Homemade cinnamon cookies, whole fruit

Coffees, hot teas, hot cider, cinnamon Danish cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk on request
Assorted fruit punches
Coca-cola products

Two

Grilled cheese
Corn chips
Baked beanies and wienies
Tomato soup, chicken noodle soup
Salad bar of iceberg-romaine lettuce, three dressings, six toppings, jello, variety salad
Cold cereals, bread
Homemade cookies, whole fruit

Coffees, hot teas, hot cider, cinnamon Danish cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk on request
Assorted fruit punches
Coca-cola products

sample dinner menus

One

Sliced roast breast of turkey with turkey gravy
Mashed potatoes
Hot vegetable
Biscuits/butter
Salad bar of mixed lettuce salad, three dressings, six toppings, two variety salads
Homemade dessert, whole fruit

Coffees, hot teas, hot cider, cinnamon Danish cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk on request
Assorted fruit punches
Coca-cola products

Three

Spaghetti
Marinara sauce
Meatballs
Hot vegetable
Cheesy breadsticks
Salad bar
Homemade dessert, whole fruit

Coffees, hot teas, hot cider, cinnamon Danish cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk on request
Assorted fruit punches
Coca-cola products

Two

Salisbury steak with gravy
Macaroni and cheese
Hot vegetable
Rolls
Salad bar as above
Homemade dessert, whole fruit

Coffees, hot teas, hot cider, cinnamon Danish cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk on request
Assorted fruit punches
Coca-cola products

Four

Crispy chicken breast strips
Mashed potatoes with chicken gravy
Corn
Rolls
Salad bar
Homemade dessert, whole fruit

Coffees, hot teas, hot cider, cinnamon Danish cappuccino, chai tea, iced teas
2% milk, skim milk, chocolate milk, soy milk on request
Assorted fruit punches
Coca-cola products